School is not in session...

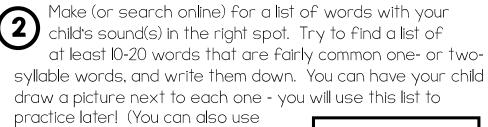
How can my child work on his/her speech & language skills?

If your child is working on speech sounds...

(what we usually focus on in speech-language therapy is increasing awareness of the target sound in words, and getting a high number of <u>correct</u> productions)



First, check your child's IEP or other paperwork to make sure you know which sounds or patterns your child is working on, and what position or level (ex: L in the beginning of words & short sentences. S at the end of words. or final consonants in words). Keep in mind that you will want to practice one sound or pattern at a time.



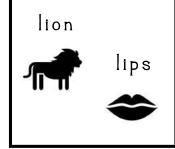
Helpful websites for lists:

index cards to create

your own flashcards.)

https://www.home-speech-home.com/ speech-therapy-word-lists.html

http://mommyspeechtherapy.com/?page_id=55



Spending <u>5 minutes</u> a day (or every other day) practicing your child's sounds can be very effective! You can have your child say each word on your list 5 times each correctly, make up a simple or silly sentence for each word, or incorporate some of the following activities to make it more fun!





Pull out a board game (checkers, Sorry, etc.) or a puzzle, and have your child say a target word 5 times before taking a turn or adding a piece to the puzzle.

Find some dice, and take turns saying a target word the number of times that comes up on the dice. Each person then receives that many "points" - keep a tally and declare a winner at the end!





Read a book together, and listen for words with your child's target sounds. Practice the words on each page.

You may need to remind your child how to make the sound; say, "Look at my mouth! See how I do X to make this sound? Let's look in a mirror together. Now you try!"

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